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	Division	D.S.B.T.A. Section of Human Physiology
	Organization	University of Ferrara
	Address	Via Fossato di Mortara 17/19, Ferrara, 44100, Italy
	Division	Department RBCS
	Organization	The Italian Institute of Technology
	Address	Via Morego 30, Genoa, Italy
	Email	fdl@unife.it
Author	Family Name	Senot
	Particle	
	Given Name	Patrice
	Suffix	
	Division	D.S.B.T.A. Section of Human Physiology
	Organization	University of Ferrara
	Address	Via Fossato di Mortara 17/19, Ferrara, 44100, Italy
	Division	Centre d'Etude de la Sensorimotricité, UMR 8194, Université Paris-Descartes/CNRS
	Organization	Institut des neurosciences et de la cognition
	Address	45 rue des Saints-Pères, Paris, 75006, France
	Email	
Author	Family Name	D'Ausilio
	Particle	
	Given Name	Alessandro
	Suffix	
	Division	Department RBCS
	Organization	The Italian Institute of Technology
	Address	Via Morego 30, Genoa, Italy
	Email	
Author	Family Name	Franca
	Particle	
	Given Name	Michele
	Suffix	
	Division	D.S.B.T.A. Section of Human Physiology
	Organization	University of Ferrara

	Address	Via Fossato di Mortara 17/19, Ferrara, 44100, Italy
	Email	
Author	Family Name	Caselli
	Particle	
	Given Name	Luana
	Suffix	
	Division	D.S.B.T.A. Section of Human Physiology
	Organization	University of Ferrara
	Address	Via Fossato di Mortara 17/19, Ferrara, 44100, Italy
	Email	
Author	Family Name	Craighero
	Particle	
	Given Name	Laila
	Suffix	
	Division	D.S.B.T.A. Section of Human Physiology
	Organization	University of Ferrara
	Address	Via Fossato di Mortara 17/19, Ferrara, 44100, Italy
	Email	
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Abstract	Recent studies of corticospinal excitability during observation of grasping and lifting of objects of different weight have highlighted the role of agent's kinematics in modulating observer's motor excitability. Here, we investigate whether explicit weight-related information, provided by written labels on the objects, modulate the excitability of the observer's motor system and how this modulation is affected when there is a conflict between label and object's weight. We measured TMS-evoked motor potentials (MEPs) from right hand intrinsic muscles, while subjects were observing an actor lifting objects of different weights, in some trials labeled (heavy/light) in congruent or incongruent way. Results confirmed a weight-related modulation of MEPs-based kinematic cues. Interestingly, any conflict between the labels and the actual weight (i.e., explicit versus implicit information), although never consciously noticed by the observer, deeply affected the mirroring of others' actions. Our findings stress the automatic involvement of the mirror-neuron system.	
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2 **Effect of weight-related labels on corticospinal excitability**
3 **during observation of grasping: a TMS study**

4 **Patrice Senot · Alessandro D'Ausilio ·**
5 **Michele Franca · Luana Caselli · Laila Craighero ·**
6 **Luciano Fadiga**

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18 evoked motor potentials (MEPs) from right hand intrinsic
19 muscles, while subjects were observing an actor lifting
20 objects of different weights, in some trials labeled (heavy/
21 light) in congruent or incongruent way. Results confirmed a
22 weight-related modulation of MEPs-based kinematic cues.
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24 weight (i.e., explicit versus implicit information), although
25 never consciously noticed by the observer, deeply affected
26 the mirroring of others' actions. Our findings stress the
27 automatic involvement of the mirror-neuron system.
28

Keywords Action observation · Grip force · 29
Mirror system · Transcranial magnetic stimulation 30

Introduction 31

The human homolog of the monkey mirror system encodes 32
observed movement in fine details (see Rizzolatti and 33
Fabbri-Destro 2008). Indeed, the modulation of motor 34
potential evoked by transcranial magnetic stimulation 35
(TMS) during observation of transitive or intransitive 36
action (Fadiga et al. 1995; Maeda et al. 2001; Strafella and 37
Paus 2000) (i) is specific for the muscle involved in exe- 38
cution (Fadiga et al. 1995), (ii) follows a similar temporal 39
activation pattern (Gangitano et al. 2001; Montagna et al. 40
2005) in an anticipatory way (Borroni et al. 2005), (iii) 41
scales for the force needed to perform the action (Alaerts 42
et al. 2010a), (iv) is abolished when an incongruent kine- 43
matic pattern is presented (Gangitano et al. 2004). These 44
results have led to the conclusion that the observer's 45
motor system does not simply "react" to the action-related 46
visual information but rather predict the observed action 47
(Gangitano et al. 2004). 48

However, a critical issue is the understanding of the 49
peculiar contribution provided by contextual information. 50
Recently (Alaerts et al. 2010b), showed that kinematic 51
information alone were sufficient to evoke MEP modula- 52
tion related to the force required to execute an observed 53
grasping and lifting action. This modulation prevailed upon 54
object-related information, such as that provided by the 55
amount of filling of a transparent container. When kine- 56
matic and object cues provided opposite information, the 57
encoding of force revealed by TMS in the observer's motor 58
system depended predominantly on the observed kinematic 59
profile. This absolute predominance of agent-dependent 60

A1 P. Senot · M. Franca · L. Caselli · L. Craighero · L. Fadiga (✉)
A2 D.S.B.T.A. Section of Human Physiology, University of Ferrara,
A3 Via Fossato di Mortara 17/19, 44100 Ferrara, Italy
A4 e-mail: fdl@unife.it

A5 A. D'Ausilio · L. Fadiga
A6 Department RBCS, The Italian Institute of Technology,
A7 Via Morego 30, Genoa, Italy

A8 *Present Address:*
A9 P. Senot
A10 Centre d'Etude de la Sensorimotricité, UMR 8194,
A11 Université Paris-Descartes/CNRS, Institut des neurosciences
A12 et de la cognition, 45 rue des Saints-Pères, 75006 Paris, France

61 cues may appear somehow surprising because it has been
62 previously shown that object-related parameters, such as
63 orientation (Craighero et al. 1996), size (see Murray et al.
64 1999), material (Ellis and Lederman 1999), or even color
65 (see Jones 1986) modulate observers' motor response.

66 The goal of the present experiment was twofold: first, to
67 extend the results by (Alaerts et al. 2010b) to other types of
68 grasping action (i.e., precision grip), to more subtle forces
69 range and to actions performed by real agents in front of
70 the observer. Second, to test if a more explicit, semantic,
71 weight-related information, such as a written label, could
72 evoke the force-related MEP modulation that object-related
73 information was not able to evoke.

74 Materials and methods

75 Subjects

76 Eight healthy, right-handed (Oldfield 1971) student vol-
77 unteers (7 males, 1 female, 19–34 years of age) from
78 University of Ferrara participated to the study. Subjects
79 gave their informed consent, and all experimental proce-
80 dures were approved by the University Ethics Committee.

81 Stimuli

82 One out of six bottles at time (all sharing shape and size)
83 was presented to the subjects during the experiment
84 (Fig. 1a). The first two bottles were transparent and filled
85 with a large (Visible Heavy: Vis_H) or a small amount of
86 sand (Visible Light: Vis_L). The third and the fourth were
87 opaque, filled with a large (Hidden Heavy: Hid_H) or a
88 small amount of sand (Hidden Light: Hid_L). Finally, the
89 fifth and the sixth bottles were opaque and filled with the
90 same (large) amount of sand, but the first was labeled as
91 “Heavy” (Labeled Heavy, Lab_H) and the second as
92 “Light” (Labeled Light, Lab_L). Heavy bottles weighted
93 500 g, whereas the Light ones 100 g. In summary, during
94 grasping/lifting observation, bottles could differ in explicit
95 cognitive information only (Labeled), in weight-related
96 kinematic information only (Hidden) or in both kinematic
97 and object-related cues (Visible).

98 Procedure

99 Before the experiment, only the two transparent bottles
100 (Vis_L and Vis_H) were presented to the subjects who
101 were asked to experience their weight by lifting them with
102 their right hand. Subjects were not aware of the existence
103 of the other bottles before starting the experiment. The
104 participant (the “observer”) was seated comfortably on an
105 armchair and faced a “scene” with black floor and

background. A square metallic platform aligned with the
subject's sagittal plane supported the target object.

106
107
108 During the experiment, the “actor” was seated fully
109 visible on the right side in front of the subject with his right
110 hand lying pronated on the table. At the beginning of each
111 trial, subjects were asked to keep their eyes closed while
112 another experimenter placed one of the six bottles on the
113 platform, so they cannot infer the weight of the bottle from
114 his hand kinematics during bottle placing. Subjects were
115 then asked to open their eyes and to look at the scene. A
116 vocal “go” signal was then provided after a delay of 3–5 s
117 that gave time to the subject to carefully observe the scene
118 before the movement started. The actor then reached the
119 bottle and grasped it from the cap using the thumb and the
120 index finger, lifted the bottle, and displaced it on the top of
121 a platform placed a few centimeters away (Fig. 1b). The
122 actor knew in advance the type of bottle he was going to
123 act on, and tried to perform the action as constant and
124 natural as possible. Caution was especially taken not to
125 provide weight-related information to the observer with
126 exaggerated kinematics, as can be seen, for example, when
127 one lifts a light object while thinking it is heavy (Johansson
128 and Westling 1988). Each bottle was presented 10 times in
129 random order. During the whole experiment, the 3D
130 kinematics of actor's index finger was acquired by means
131 of an electromagnetic position-angle sensor attached to
132 finger tip (120 Hz; Minibird 800; Ascension Technology,
133 USA).

134 To keep subjects' attention focused on the lifting phase
135 of the movement, in some trials and at random intervals
136 after the starting of the lifting phase, a beep was generated
137 and subjects were asked to report if the sound happened
138 before or after the bottle was placed on the platform.
139 Moreover, at the end of the experiment, subjects were
140 asked to verbally answer the following two questions:
141 “how many bottles did you see?” and “do you have any
142 idea about their weight?”.

EMG recordings and TMS

143
144 Electromyographic (EMG) activity was recorded from
145 participants' right first dorsal interosseus muscle (FDI)
146 using adhesive Ag–AgCl surface electrodes (Kendall
147 GmbH, Germany) placed according to a tendon-belly
148 bipolar disposition. Left motor cortex was stimulated using
149 a Magstim 200 stimulator (Magstim Co., Whitland, Wales,
150 UK). Monophasic magnetic stimuli were delivered through
151 a figure-of-eight coil with external diameter of 7 cm. The
152 coil was placed tangentially to the skull with the handle
153 pointing backwards and forming a 45° angle with subjects'
154 frontal plane. The coil was maintained in a stable position
155 by an articulated arm (Manfrotto, Italy). Optimal scalp
156 position and resting motor threshold (rMT) were defined



Fig. 1 Experimental task. **a** Objects presented during the experiment. From *left to right* Visible Heavy (Vis_H), Visible Light (Vis_L), Hidden Heavy (Hid_H), Hidden Light (Hid_L), Labeled Heavy (Lab_H), Labeled Light (Lab_L). Note that the two labeled objects have the same weight (heavy) despite the different labels (“Pesante”

“Heavy”), “Leggero” (“Light”). **b** real « lift-to-displace » action as observed by the subjects. In this example, an actor reaches for a Visible Heavy bottle, grasp/lift it and place it on the *top* of a cylinder performing a natural movement

157 according to standard protocols (Rossini et al. 1994).
158 Stimulation intensity was set at 120% of rMT. Inter-stimulus
159 interval was about 30 s.

160 The contact between actor’s fingers and the cap of the
161 bottle was assessed through a custom-made contact sensor
162 placed on the cap and TMS pulses was delivered at dif-
163 ferent delays (from 45 ms to 385 ms) after the touching of
164 cap. On average, 78% of the pulses were delivered during
165 lifting, 22% before it. Timing of touch and of TMS were
166 recorded together with EMG (band-pass filtering,
167 50–1,000 Hz; sampling frequency, 2,000 Hz) and stored on
168 a computer for off-line analysis.

169 Data reduction and statistics

170 Corticospinal (CS) excitability was calculated from MEPs
171 area, considered as the area under the rectified EMG curve,
172 21–36 ms after TMS. Since EMG background activation is
173 known to modulate MEPs amplitude (Devanne et al. 1997;
174 Hess et al. 1987), EMG background was computed for each
175 trial as the area under the rectified EMG signal –18 to
176 –3 ms before TMS. Trials characterized by pre-TMS
177 background exceeding 2.5 times the average one, as well as
178 MEPs whose area did not exceed by 1.5 times EMG aver-
179 age background, were considered as bad trials and discarded
180 from further analysis. Moreover, very huge MEPs whose
181 area was larger than: $Q3 + 1.5 * (Q3 - Q1)$, with Q1 the
182 first quartile and Q3 the third quartile computed over the
183 whole set of trials for each subject (Electronic Statistics

Textbook, 2007, StatSoft, Tulsa, USA), were discarded as
184 well. Z-score of averaged MEPs areas were computed for
185 each subject and statistics (ANOVAs and *t*-tests) were
186 performed on these normalized data. 187

188 Results

189 Kinematic trajectories

190 Paired *t*-test analysis revealed no significant difference
191 between conditions in loading duration, defined as the time
192 needed for the object to be lifted by the experimenter after
193 the fingers touched it (Mean \pm Std: 198 ± 37 ms). A
194 significant effect of weight on the velocity and acceleration
195 peak latency (See Table 1) was instead present in the
196 Visible ($t(7) = 6.25$; $P < 0.01$; $t(7) = 4.99$; $P < 0.01$) and
197 Hidden ($t(7) = 4.06$; $P < 0.01$; $t(7) = 5.16$; $P < 0.01$)
198 conditions for the two containers of the same condition. For
199 the labeled bottles no difference was observed, being their
200 actual weight exactly the same. From the above results, it
201 appears that the changes in the acceleration profile occur-
202 red during the loading phase.

203 MEPs area

204 Data inspection already showed that both, individual and
205 average MEPs, were clearly modulated by the actual
206 weight of the lifted object (Fig. 2a).

Table 1 Lift velocity and acceleration peak latencies

		Velocity (ms)	Acceleration (ms)
Light	Visible	276 ± 24	129 ± 24
	Labeled	309 ± 38	182 ± 42
	Hidden	271 ± 24	123 ± 27
Heavy	Visible	313 ± 23	172 ± 17
	Labeled	312 ± 16	171 ± 14
	Hidden	324 ± 36	184 ± 29

Latencies of actor's hand velocity and acceleration peaks during object loading and lifting for each experimental condition. Asterisks refer to statistically significant ($P < 0.05$) differences. Note, the latencies corresponding to the Heavy object for both labeled object that were actually heavy

To assess the overall effect of object-related weight cues (i.e., the degree of filling of the bottle), an ANOVA with repeated measures was conducted on MEPs areas, with factors Content Visibility (Visible vs Hidden) and Object Weight (Light vs Heavy). Results showed the effect of weight ($F(1, 7) = 14.286$, $P < 0.01$), without any significant effect of Content Visibility ($F(1,7) = 0.21$, $P = 0.7$), or significant interaction between the two factor ($F(1,7) = 0.3$, $P = 0.6$). An ANOVA was then conducted on MEPs area after removal of trials in which the TMS pulse occurred before lifting (22%). This further analysis confirmed the effect of weight ($F(1,6) = 29.5$, $P < 0.01$) without effect of Content Visibility ($F(1,6) = 0.32$, $P = 0.6$) or significant interaction ($F(1,6) = 1.29$, $P = 0.3$). These results fully agree with the results found by Alaerts et al. (2010a, b). More interestingly, we were not able to find any weight-related modulation of MEP amplitude for the Labeled condition as assessed by a T -test ($t(7) = 0.16$, $P > 0.05$) (Fig. 2b). It is important to stress, however, that averaged MEPs recorded during Labeled condition were significantly smaller than the averaged heavy-related MEPs recorded in Visible and Hidden

conditions ($t(7) = 3.49$, $P = 0.01$, P corrected for multiple comparison with Bonferroni's corrections), despite the fact that their weight was the same (i.e., both labeled objects were heavy).

Subjective report

Subjects reported they had seen five different objects (question 1). More specifically, they all reported they had seen only one "hidden" object. When asked about the weight of the objects (question 2) they had no doubts about the two visible objects they actually experienced at the beginning of the experiment. Regarding the "only one" hidden object they remembered, they reported mixed feelings. Four subjects could not report about the weight of the "hidden" bottle. Two subjects thought it was light and one thought it was heavier than the labeled objects, and one thought it was between the visible light and the visible heavy. Regarding the labeled objects, three subjects had no idea of their weight, four reported they were both light and one thought that they had the same weight but could not say if it was heavy or light.

Discussion

The present results are two-sided. On one side, they confirm and extend the recent findings by (Alaerts et al. 2010b), by showing a significant modulation of observers' corticospinal system while they look at an actor grasping and lifting differently weighting objects (with differences in weight smaller than those reported by Alaerts et al.). On the other side, they provide relevant information about Hidden versus Labeled objects.

In the Hidden condition, the two opaque bottles could be either light or heavy. Despite the absence of object-related cues, we observed a significant modulation of MEPs

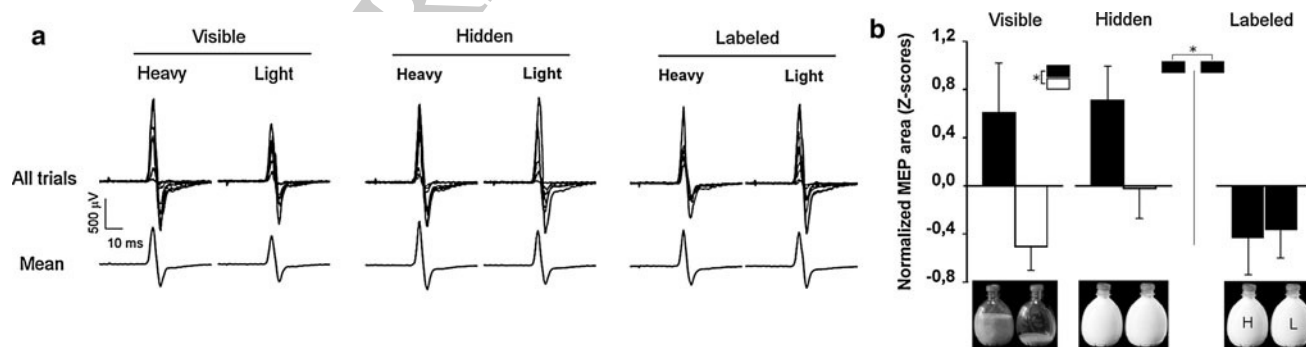


Fig. 2 Modulation of MEPs amplitude depending on the actual weight of the lifted object and on the weight-related cues. **a** Individual (top) and mean (bottom) MEPs from subject 1 for each experimental condition. **b** Grand average (mean ± standard error) of normalized

MEPs area ($n = 8$) in all experimental conditions for actually heavy (black bars) and actually light (white bars) objects. Asterisks denote significant ($P < 0.05$) differences between conditions

261 amplitude in accordance with the force required to hold the
 262 object. The relevance of kinematic information for object's
 263 weight estimation has been consistently reported (Bingham
 264 1987; Hamilton et al. 2007; Runeson and Frykholm 1981,
 265 1983; Shim and Carlton 1997; Shim et al. 2004). Therefore,
 266 it seems plausible that the visuo-motor system is able to
 267 automatically extract some control parameters from fine
 268 details of actor's kinematics. Interestingly, this modulation
 269 occurs even when observers are completely unaware of the
 270 presence of kinematic cues. Indeed, in the Hidden situation,
 271 subjects reported the presence of only one object, despite
 272 the fact that their corticospinal excitability was signifi-
 273 cantly scaled according to the weight of the grasped/lifted
 274 object. Moreover, the degree of this weight-dependent
 275 corticospinal modulation was not significantly different
 276 between Visible (both object-related and kinematic cues
 277 available) and Hidden conditions (only kinematic cues
 278 available), as shown by the lack of significance of the
 279 Content Visibility factor. Therefore, it seems that, at least
 280 for the case of differences in weight, motion kinematics *per*
 281 *se* modulates observer's corticospinal system, indepen-
 282 dently from object intrinsic properties.

283 Alaerts et al. (2010b) nicely showed that weight-related
 284 intrinsic object properties (e.g., degree of filling of the
 285 object) are irrelevant in coding observed force require-
 286 ments. The results of our Labeled condition suggest that
 287 high-level semantic weight-related cues might be relevant
 288 in influencing the observer's motor system encoding of
 289 observed force. This influence was observed when some
 290 weight-related cues incongruence was introduced. In fact,
 291 our data show that when a mismatch existed between
 292 weight-related kinematics and explicit semantic cues (in
 293 the "Labeled" condition both bottles had the same, heavy,
 294 weight but were differently, "heavy" and "light", labeled),
 295 the motor facilitation related to heavy objects disappeared
 296 in all situations in which both cues were available. MEPs
 297 amplitude was then not significantly different from the one
 298 observed for light objects despite the kinematic cues were
 299 those related to heavy objects instead. If the labels were
 300 simply not taken into account, we would have found
 301 enhanced MEPs as for heavy objects (Hidden Heavy or
 302 Visible Heavy conditions) in both labeled conditions. On
 303 the other hand, if only labels were considered as weight-
 304 related information, we would have found a weight-related
 305 modulation similar to that of Hidden or Visible bottle pairs.

306 Conversely, what we found is a general inhibition of the
 307 corticospinal system, with MEPs even smaller than those
 308 recorded with light objects in the Hidden condition. Likely,
 309 the mismatch between actor kinematics and labels infor-
 310 mation might have induced an inhibition of the motor
 311 system abolishing the force encoding in all the following
 312 "labeled" trials. Once a mismatch has been detected during
 313 the experiment, both cues are considered as irrelevant. The

314 idea that incongruent information abolishes the MEP
 315 facilitation induced by action observation is in line with
 316 previous results showing that motor resonance can vanish
 317 when a mismatch exists between the expected and the
 318 observed kinematics (Gangitano et al. 2004; Van Schie
 319 et al. 2004). On the other hand, these results contrast with
 320 previous studies in which an increase in MEP amplitude
 321 has also been reported during observation of erroneous
 322 motor actions (Aglioti et al. 2008). However, these two
 323 opposite observations can be reconciled if one consider a
 324 separate mechanisms for low-level motor resonance and
 325 high-level action understanding (Koelewijn et al. 2008).
 326 An increase in activity may reflect task failure whereas
 327 disappearance of motor resonance would rather reflect
 328 incoherence in low-level kinematic patterns, as in our
 329 experiment.

330 An alternative explanation derives from recent studies
 331 exploring the mapping of semantic knowledge onto the
 332 sensorimotor system. Classically, observation of real or
 333 filmed action (Fadiga et al. 1995; Maeda et al. 2002),
 334 imagination of action or observation of pictures implying
 335 motion (Urgesi et al. 2006) lead to a MEP facilitation.
 336 However, there are studies showing that listening to limb
 337 action-related verbs (Buccino et al. 2005) or looking at
 338 faces of famous athletes while categorizing them as soccer
 339 or tennis players (Candidi et al. 2010), lead to a limb-
 340 specific decrease in MEP amplitude. Candidi et al. (2010)
 341 interpret their results as a contribution toward the com-
 342 prehension of the process involved in semantic derivation
 343 of categorization of others based on their motor expertise.
 344 They attribute inhibition of MEP modulation to the fact
 345 that the inferential process of categorizing stimuli seman-
 346 tically related to actions, such as faces or surnames of
 347 famous athletes, provide abstract information about the
 348 entire repertoire of actions within the domain of expertise
 349 of the observed athlete and not the specific motor
 350 description of a particular action. Therefore, they propose
 351 that MEP inhibition may arise from competition between
 352 these different action schemata indirectly addressed. In
 353 their study, Candidi et al. (2010) also explored whether this
 354 derivation effect was influenced by direct action observa-
 355 tion, which typically induces corticospinal facilitation. To
 356 this aim, they asked subjects to categorize pictures of
 357 tennis and soccer athletes portrayed while performing a
 358 movement typical of their sport, a stimulus classically
 359 activating the motor system. No specific cortical facilita-
 360 tion was found. The authors claim that a possible expla-
 361 nation for this negative result is the coexistence of the
 362 categorization task, which reduced the corticospinal
 363 excitability of the same muscles and contrasted the possible
 364 facilitation contingent upon direct action observation. It is
 365 disputable if a similar mechanism determined the lack of
 366 modulation in our Labeled condition, even if it is

367 improbable, since in our experimental condition the hint
368 given by the label is not something generically addressing a
369 pool of actions but, on the contrary, it better specifies the
370 force necessary to execute the same action. Differentiating
371 these two interpretations would require measuring whether
372 the lack of modulation is already present during the first
373 presentation of a labeled bottle or whether it vanishes after
374 the first incoherent situation was presented. Unfortunately,
375 no reliable information can be drawn from a single MEP.

376 The possibility remains that the decrease in MEPs
377 amplitude in the Labeled condition is due to a lack of
378 attention caused by the semantic processing of the labels.
379 Despite this hypothesis cannot be firmly discarded here, we
380 think that it is very unlikely for several reasons: first, as
381 mentioned in the Material and Methods section, subjects
382 had several seconds to read the labels on the bottle before
383 the actor began his reaching movement toward it. The
384 subject had then enough time to process the labels and then
385 pay attention to the lifting phase of the action. In fact, no
386 differences in subjects accuracy in detecting the placing of
387 the bottle was present between labeled and other condi-
388 tions. Second, if labels acted as distractors for the subject,
389 there is some chance that the other bottle-related cues, such
390 as the degree of filling, should have done the same. This is
391 not the case. Finally, the secondary task in which subjects
392 were involved (see Methods section) did not interfere with
393 the weight-related MEP modulation and insured that sub-
394 jects were focused on the action even when labels were
395 present on the bottles.

396 Both interpretations proposed above point to the idea
397 that semantic information provided by the labels is taken
398 into account by the brain in encoding the dynamic
399 parameters of the observed action. The fact that high-level
400 semantic cues, such as names or labels, may influence low-
401 level motor behavior during execution is supported by
402 several studies showing that they could affect initiation
403 (Króliczak et al. 2006) or performance (Gentilucci et al.
404 2000; Glover and Dixon 2002) of a motor response. In the
405 Glover and Dixon experiment, “small” and “large” labels
406 printed on objects significantly influenced fingers aperture
407 in the early reaching phase. Jeannerod et al. (1994) also
408 reported the case of a patient with bilateral parietal lesion
409 that presented a deficit in hand shaping during grasping.
410 Interestingly, the deficit disappeared during grasping of
411 familiar objects, suggesting that semantic information were
412 used to compensate patient’s inability to transform visual
413 object intrinsic attributes into the required motor com-
414 mand. What appears from our data is that, during simple
415 action observation, the motor involvement strictly mirrors
416 the low-level characteristics of the observed action. How-
417 ever, given that our subjects were likely strongly influ-
418 enced, in their conscious judgement, by the wrong label,
419 the absence of MEPs modulation in the labeled condition

suggests a gating effect produced by the labels on motor 420
mirroring. In other words, anytime a conflict is present 421
between explicit and implicit movement-related informa- 422
tion, the observer’s motor system stops its mirroring of the 423
observed action. If on one side this finding suggests that the 424
mirror mechanism is not blind to semantic information 425
(other wise, we should have found a “heavy-like” facili- 426
tation for both labeled bottles), on the other side it dem- 427
onstrates that the mirror facilitation does not depend upon 428
conscious simulation (otherwise, we should have found a 429
label-dependent facilitation effect). This evidence strongly 430
contradicts some interpretation of the mirror system as the 431
neural substrate of conscious understanding (see Knox 432
2009) and are in agreement with some very recent neuro- 433
imaging data showing a dissociation, in terms of neural 434
circuitry, between “mentalizing” and “mechanizing” 435
during action observation (Spunt et al. 2011). 436

In summary, by this experiment, we confirm and extend 437
previous results showing the predominance of kinematic 438
cues over intrinsic object properties in coding force 439
required to execute an observed lifting action. However, 440
our data also suggest that the kinematic cues that modulate 441
observer’s motor system during observation are probably 442
gated by high-level (via a top-down mechanism) semantic 443
information. This information would have the power to 444
block the mirror processing of the observed actions when 445
incongruence exists between others’ behaviors and con- 446
textual elements. 447

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